

烈治文市价格低廉食品资源地图



Richmond Food Security Society



- 食品银行
- 社区食堂
- 烹饪俱乐部/社区厨房
- 价格低廉副食品
- 社区菜园

烈治文市价格低廉食品资源地图

烈治文市价格低廉以及免费食品资源地图指南



在烈治文市获取价格低廉食品的五种途径



食品银行

烈治文居民每周可以在两个地点获取免费的基本食物



社区食堂

欢迎所有人参加。烈治文社区居民可以在一起聚会和享受美味的饮食



烹饪俱乐部/社区厨房

在他人的帮助下学会如何将基本的食品材料做成营养丰富的自制美食



价格低廉的副食品

发掘新鲜的且价格低廉的食物



社区菜园


种植属于自己的新鲜水果和蔬菜
学会如何将自己种植的水果蔬菜制成罐头及保存
放松自己的理想去处




Richmond Food Security Society



食品银行

1  **Richmond Food Bank**
100-5800 Cedarbridge Way
Wednesday and Thursday
11:00am-1:00pm
Also 3rd Wednesday of the
month 6:00pm - 7:00pm

2  **East Richmond Food Bank**
Peace Mennonite Church
11571 Daniels Road
Tuesdays only 1:00pm-2:00pm


For more info about
Richmond Food Banks
contact us at:
604.271.5609 or
www.richmondfoodbank.org


烹饪俱乐部/社区厨房

To register for Community Kitchens
call: 778-885-5165


社区食堂

3  **Gilmore Park United Church**
Community Meal
Thursdays at 5:30pm


4  **Richmond Community Church**
& Family Services Lunch
Thursdays 12:30pm-1:30pm


5  **St. Albans Hall**
Community Meal
Tuesdays at 5:30pm

6  **Richmond Family Place**
Play & Learn Drop-in Dinner
Wednesdays at 5:30pm
Dad & Child Breakfast
Saturdays at 9:00am

7  **Richmond Bethel Church**
Community Meal
Wednesdays at 6:00pm

8  **Multicultural Community Kitchen**
Gilmore Park
Community Church
8060 No. 1 Rd.

9 **10**  **Foster Parent's Kitchen & Young Parent's Kitchen**
Garrett Wellness Centre
7540 Chelsea Place
To register 604-279-7100

11  **Multicultural Community Kitchen**
Richmond Caring Place
7000 Minoru Blvd.


12 **13**  **Seniors' Community Kitchen & Multicultural Community Kitchen**
South Arm Community Centre
8880 Williams Rd.


价格低廉副食品


14  **SuperGrocer**
No. 1 Rd & Moncton


15  **Red Carrot**
Seafair shopping mall
No. 1 Rd @ Francis Rd

16  **Sun Rich**
across No.1 Rd
& Blundell Rd


17  **Jia Jia**
No. 1 Rd & Westminster


18  **Langley Farm Market**
Lansdowne Mall

19  **City Fresh**
Ackroyd & No. 3 Rd

20  **Richmond Public Market**
Saba Rd & Buswell

21  **Grand Value**
near Richmond
Public Market

22  **Wah Sing**
Park Rd & No. 3 Rd

23  **Jia Jia**
Blundell & Garden City

24  **China World**
Odlin @ Garden City

25  **G2000**
Capstain Way & Garden City


26  **Delta Shopping Centre**
Fruiticana
No. 5 Road and Cambie


27  **Urban Farm Market**
No. 5 Rd
& Westminster Hwy

社区菜园


Richmond Food Security Society
For information contact:
604.244.7377 or go to
www.richmondfoodsecurity.org

28  **Terra Nova Community Garden**
Terra Nova Rural Park

29  **Gilbert Community Garden**
South end of Gilbert Road

30  **King George Park Community Garden**
North end of park along
Cambie

31  **Garrett Wellness Centre**
7540 Chelsea Place

32  **Homma Community Garden**
Steveston

33  **Pawlik Park Community Garden**
City Centre

THIS MAP WITH SEASONAL UPDATES CAN BE VIEWED AT:
WWW.RICHMONDFOODSECURITY.ORG

